## How to Succeed on a Fisdap Exam



Fisdap exams are uniquely designed to assess your knowledge and critical thinking ability. Questions are authored by instructors across the country and reviewed by subject matter experts and a board certified Emergency Physician. After you finish the exam, we hope you will come away with a good understanding of topics that you mastered along with ones that need improvement. Please take advantage of the guidelines below that outline how to succeed on a Fisdap exam.

The exams are intended to prepare you for your national or state certification exam. In addition to studying the textbook, we recommend completing the workbook that accompanies it and familiarizing yourself with current American Heart Association guidelines. We also encourage the use of <u>Fisdap Study Tools</u>. This product allows you to practice your test-taking and critical thinking skills, which will help you solve real life EMS problems.

Fisdap test items generally conclude with one of the following questions. Understanding how to interpret these questions will help you succeed.

- What should you do? These questions ask you to apply knowledge to treat a patient as you would in the field. You should select the best treatment option available. If you feel there are multiple "correct" answers then pick the BEST option by imagining that there is a "next" or "first" at the end.
  - E.g. "What should you do next?" or "What should you do first?"
- What should you suspect? These questions ask you to diagnose patients by suspecting underlying comorbidities or pathophysiologies that are described in the question. If more than one answer seems "correct," think of the condition that is the most life-threatening. You should suspect the most lethal diagnosis given the signs and symptoms.
- What is the most likely cause? These questions are asking you to think about the most probable cause or condition based on the signs and symptoms. This type of question asks about what is most likely, NOT the most lethal.

## Test-taking tips:

- 1. Read the question completely. Before looking at the possible answers imagine what you should do to take care of the patient.
- 2. Read all possible answers completely and consider the BEST answer.
- 3. During the exam, if your instructor allows, we encourage you to write down (on a blank piece of paper) words or topics you want to review afterwards.
- 4. All questions are randomized, so don't get discouraged if you get difficult ones right away.