

Time expectations in the Behavioral Health Support program

Coming into a cohort, or selective admission program, there are always questions about the time commitment needed to be successful. Below is an outline of both the seated and hybrid BHS options and the minimum time expectations for each semester. Depending upon your study strategies and practicum placements, there may be some adjustments. There is no way to concretely outline all time issues for a full semester or 19 month program, but this will give you a good guide to help in making plans for your success after acceptance. Work and personal time adjustments would be made at the discretion of the student. A work schedule of less than full time would be necessary in either format.

Seated-all general education courses should be completed in fall and spring semesters. Do not plan to add these courses to a summer semester.

First Spring semester-one BHS course and 3-5 general education courses (depending on the amount previously completed)

At least two full time days in class, or five half days, per week

Study time: 5-10 hours per week

First Summer semester-two BHS courses

Three mornings a week in class

Study time: 5-8 hours per week

Fall semester-three BHS courses (including practicum) and 1-3 general education courses (depending upon amount previously completed)

Two full time days in class per week

One full time day at practicum

Study time: 8-10 hours per week

Second Spring semester-four BHS courses (including practicum) and 0-2 general education courses (depending on amount previously completed)

Two full time days in class per week

10-12 hours per week at practicum

Study time: 10-12 hours per week

Second Summer semester-two BHS courses (including practicum)

Three mornings in class per week

15-20 hours per week at practicum

Study time: 2-5 hours per week

Hybrid-all general education courses should be completed in fall and spring semesters. Do not plan to add these courses to a summer semester.

First Fall semester-one BHS course and 3-5 general education courses (depending on the amount previously completed)

Four class meetings-one per month for half a day

Study time: 5-10 hours

First Spring semester-two BHS courses and 1-3 general education courses (depending upon amount previously completed)

Four class meetings-one day per month for 5-6 hours

Study time: 5-10 hours

Summer semester-two BHS courses (including practicum)

Three class meetings of 5-6 hours every three weeks

10-12 hours per week at practicum

Study time: 3-5 hours per week

Second Fall semester-four BHS courses (including practicum) and 0-1 general education course

Four class meetings-one full day per month

10-12 hours per week at practicum

Study time: 8-10 hours per week

Second Spring semester-three BHS courses (including practicum) and 0-1 general education course

Four class meetings-once per month for a full day

10-12 hours per week at practicum

Study time: 6-8 hours per week