## Time expectations in the Behavioral Health Support program

Coming into a cohort, or selective admission program, there are always questions about the time commitment needed to be successful. Below is an outline the <u>minimum</u> time expectations for each semester. Depending upon your study strategies and practicum placements, there may be some adjustments. There is no way to concretely outline all time issues for a full semester or 19 month program, but this will give you a good guide to help in making plans for your success after acceptance. Work and personal time adjustments would be made at the discretion of the student. A work schedule of less than full time would be necessary for success.

All general education courses should be completed in fall and spring semesters. Do not plan to add these courses to a summer semester.

First Fall semester-one BHS course and 3-5 general education courses (depending on the amount previously completed) \*\*Apply by 11/05\*\*

One meeting per week for approximately one hour (BHS 200)

Study time: 5-10 hours

First Spring semester-two BHS courses and 1-3 general education courses (depending upon amount previously completed)

One meeting per week for approximately 1.5 hours

Study time: 5-10 hours

Summer semester-two BHS courses (including practicum)

One meeting per week for each class, totaling approximately 2.5 hours

10-12 hours per week at practicum

Study time: 3-5 hours per week

Second Fall semester-four BHS courses (including practicum) and 0-1 general education course

One meeting per week, for each class, totaling approximately 4.5 hours

10-12 hours per week at practicum

Study time: 8-10 hours per week

Second Spring semester-three BHS courses (including practicum) and 0-1 general education course

One meeting for each class per week, totaling approximately 3.5 hours

10-12 hours per week at practicum

Study time: 6-8 hours per week