

TLC

SPECKMAN TUTORING & LEARNING CENTER

Spring 2017

**The Secret
of Successful
Students**

**Staff
Recognition**

Cookie Face

**TLC Staff
Highlight**

**What Does
Being Smart
Mean?**

**Puzzles &
Brain Teasers**

**Tutoring in the
Science Suite**

***Gorgonzola Spinach
Artichoke Dip
&
Sparkling Punch***



**Adopt-A-Family
Meals-A-Million**

What is the Secret of Successful Students?

By Lisa Marks, TLC Instructor

Is it having an insanely high IQ? Being able to memorize a bazillion facts, dates, and formulas? Lots and lots of Starbucks? We turned to OTC students for answers, and we found there are many ingredients in the recipe for success in your classes:

Get It Together!

Organizing yourself and your time is essential.

"Make sure you give yourself enough time in your schedule for each class with the homework, reading, research and study time."

"Budget your time well when it comes to study and preparing for tests. Make sure you have all supplies needed before you start. This includes computer access when you're not on campus so you can complete assignments."

Don't have reliable computer access at home? No problem. The Speckman Tutoring & Learning Center (TLC) has computers you can use, and knowledgeable tutors can help you navigate the technology.

Get Ready!

Do assigned readings and coursework before class for a strong foundation.

Expect to spend at least two hours outside of class for every hour in class. (For example, a 3-credit-hour class would need at least 6 more hours of studying per week to do well.)

"Study math every day, even if it's just a few problems a day."

"If you wish to excel and obtain above average grades, be prepared to spend a lot of time and energy outside of class in school work. Remember, it is much easier to review information you have actually read and know."

If reading is a challenge, the TLC has reading tutors to help you learn to read more efficiently and retain what you've read.

Get There!

If you miss classes, you miss out on crucial information, instructions, and experiences that help you to learn the material. Being there also means being there on time, for the whole time and getting involved in class discussions. If you're enrolled in online classes, schedule regular

times throughout

the week to log in and participate.

"Do not skip any of your classes, and choose a schedule that is not going to leave you completely stressed out all the time."

One OTC instructor explained the connection between attendance and grades for students:

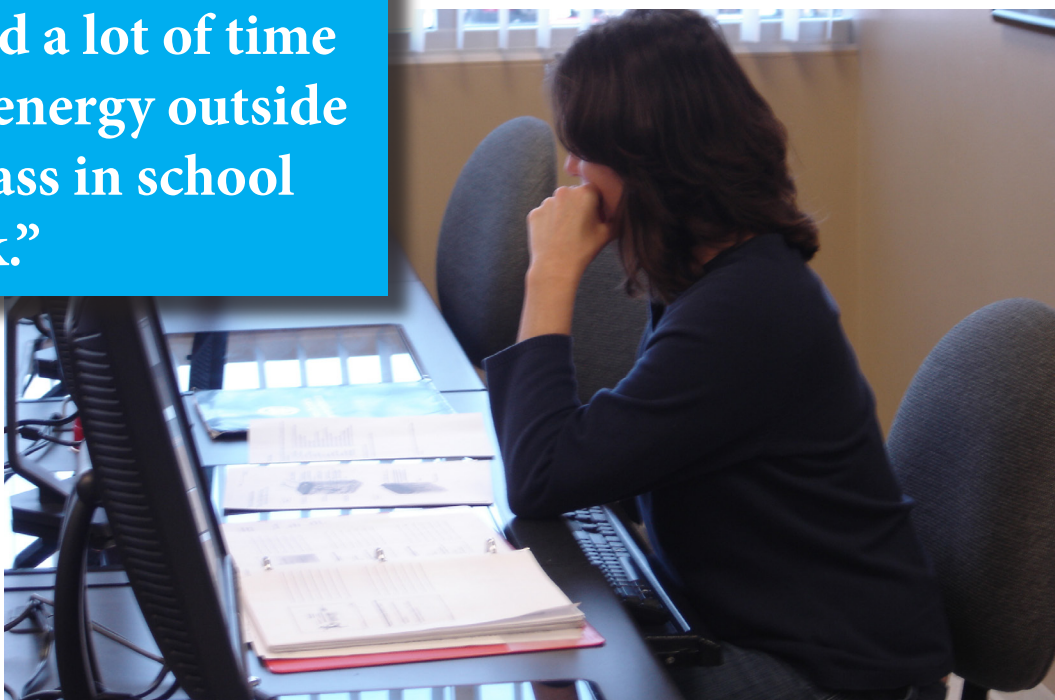
"College is just as important as their job. They would get fired if they did not show up to work, and a grade in a class reflects their absences. It is the same concept."

Get 'Er Done!

Keep on track and DO NOT procrastinate.

"Make sure you plan accordingly with your non-school schedule (like work), and as soon as assignments are assigned, just do them."

"Be prepared to spend a lot of time and energy outside of class in school work."





“64% of OTC faculty said they expect their typical student to spend at least 1-2 hours per week visiting one of OTC’s tutoring support centers.”

“If you have a break between classes, go to the study rooms and do the work. I am much more motivated when sitting at school than at home.”

Better yet, go to the TLC to do your homework. That way you’ll have tutors available if you get stuck.

Get Help!

Use all of the FREE resources you have available to you at OTC. Ask questions in class; go to your instructor’s office hours; get tutoring at the TLC, Carol Jones Writing Center and Speech Communication Center; talk to an advisor for help with choosing classes/degree program/career path; and see a counselor if personal issues are getting in your way of learning.

In a recent survey, 64% of OTC faculty said they expect their typical student to spend at least 1-2 hours per week visiting one of

OTC’s tutoring support centers. Data also shows that students who visit a support center for their course are significantly more likely to be successful.

“Make sure you have enough free time in the week to not only get enough sleep and be able to run what errands are necessary, but also have a comfortable amount of time to do homework and seek assistance if needed. I couldn’t do part of that, and I constantly feel stressed about getting homework done and properly understanding it.”

“Use all of the FREE resources you have available to you at OTC.”

“Talk to the instructor, a counselor, an academic advisor and other students. Also, go to the TLC for tutoring because they are awesome and will help you succeed!”

Carol Jones Writing Center

IC 200

Monday-Thursday 8:30 a.m. - 6:30 p.m.

Friday 8:30 a.m. - 2:30 p.m.

Saturday 10:00 a.m. - 2:00 p.m.

Picking a Topic • Prewriting
Organizing • Drafting
Revising • Editing
Documenting • Online Tutoring

Speckman Tutoring & Learning Center

ICE 212

Monday - Thursday

7:30 a.m. - 9:00 p.m.

Friday 7:30 a.m. - 3:30 p.m.

Saturday 10:00 a.m. - 2:00 p.m.

Math • Trigonometry
Calculus • Statistics
Physics • Computer Applications
Biology • Chemistry
Study Skills • Accounting
Online Math, Accounting, & Computer Applications Tutoring

Speech Communication Center

IC 200

Monday-Thursday 8:30 a.m. - 6:30 p.m.

Friday 8:30 a.m. - 2:30 p.m.

Saturday 10:00 a.m. - 2:00 p.m.

Outlining • Development
Content • Research
Organization • Delivery
Rehearsal • Video Recording

There are also tutoring resources at OTC’s Lebanon, Table Rock, Waynesville, and Richwood Valley campuses. Check out <https://academics.otc.edu/tutoring/>

TLC Recognizes Staff



by Dr. Carolyn Brockman, TLC Instructor

The TLC is very proud of its staff! In the fall of 2016, several TLC staff members were recognized for completing level certifications for the College Reading and Learning Association (CRLA) or for doing something Above and Beyond the Call of Duty (ABCD). A few of those are pictured here.



Top left (left to right): Iria DeOrnellis, Mekayla Tizen, and Shayna MacDonald.

Top right (left to right): Sam Wilson and Mekayla Tizen.

Middle left (left to right): Nora Browne, Nathaniel Richards, Shayna MacDonald, Austin Barton, and Hannah Sartin.

Bottom left (front left to right): Dallas Grant, Mekayla Tizen, and TJ Liggett. **(back left to right)** Matthew Eubanks, Hanna Eberle, Desiree Abshire, Destiny Schmarje, and Allise Dorman.



Cookie Face

By Dr. Carolyn Brockman, TLC Instructor

Every fall and spring semester all OTC campuses host a picnic for students. OTC academic departments and local vendors are represented with informational booths, not to mention the games, prizes, free food, and dancing.

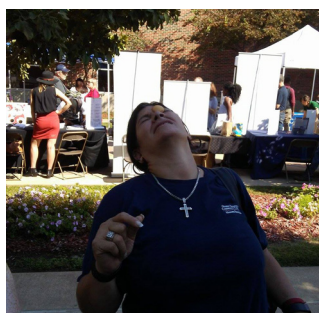
Below are pictures from the

TLC's game-packed booth. The TLC's very own Lisa Marks (top right) tried her luck at "Cookie Face." Competitors tried to get a cookie from their forehead to their mouth without using their hands.

Other activities at the TLC booth included stacking coins, stacking cups, and balloon air

bounce.

Picnic information for this spring is listed on the page [<http://students.otc.edu/recruitment/fallspring-picnic>], with the Springfield campus set for April 28th.



TLC Staff Highlight: Shawanna Burns

By Dr. Carolyn Brockman, TLC Instructor

Since 2013, Shawanna Burns continues to be an excellent math tutor and mentor in the TLC. Shawanna has experience in professional baking and welding and has over a decade of experience with the Springfield Library system. She enrolled at OTC to begin a study of engineering.

Shawanna's story is inspiring for students wishing to make a change in their lives. She had worked in the professional field and expressed her dismay as, "I literally didn't have anything going on in my life." Laughing, she added, "I realized I was in a place where I could work until I was dead at an okay job or go into debt to work until I'm dead at a job I would love." Realizing that her options were limited without an education, she enrolled at OTC. Of this time she said, "I had no idea what I was good at. My jobs

weren't something I wanted to make a lifetime out of or a career of. It was really a new beginnings kind of thing here at OTC. I can do anything I want."

Starting school again wasn't easy. Shawanna said, "It was terrifying. It was one of the scariest things I've ever done." Her mother had completed a degree at the age of 62 at Missouri State University and motivated her to come back to school. She said, "It is often discouraging at my age, but she reminds me that I got started a lot earlier than she did."

Encouraging others in college life isn't just part of her job at the TLC but also something she willingly shares with all college students she meets. Although she hates clichés, she said, "That whole fake it 'til you make it thing is real. I had to actively reprogram my thinking about myself." She relates

well with students who have trouble with worry and finances when

coming back to school. Her advice is filled with resources and suggestions of persevering. She said, "One of my favorite quotes is from the movie *Galaxy Quest*: 'Never give up, and never surrender!'"

Shawanna's hobbies include baking, gardening, and spending time with her close family members and friends. She enjoys participating in fantasy football and playing video games with her best friend, Tim. She also likes to listen to music, binge watch movies, and read "good (and sometimes bad)" books.





By Dr. Dianne
Juby, TLC Study
Skills Tutor

We all like to think we're smart, but what does

that really mean?

Maybe high school was pretty easy. You did fine without too many serious challenges. Then you hit that difficult college course and whomp! You suddenly had no idea how to take useful notes in class or how to be sure you were understanding the material for those impossible exams, and you got some bad grades.

How did you confront those setbacks—those challenges to being smart?

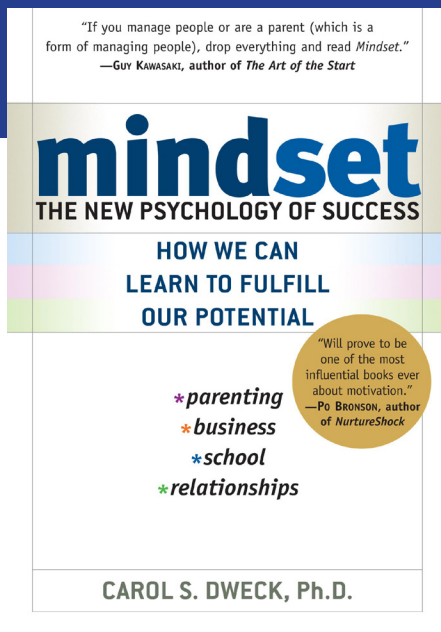
If you think of being smart as a fixed trait—you've either got it or you don't—then a challenge to that trait can be scary or threatening. Maybe you're not smart after all. You haven't lived up to the "smart" label, and it's devastating. You'll probably shut down, give up, blame somebody else, run away from the errors and setbacks.

What Does Being Smart Mean?

What if being smart is not a fixed trait, not some unchanging entity or innate talent or natural ability? What if being smart is an attitude? An outlook? A mindset that is always looking for ways to solve new puzzles, always seeking out new strategies for learning?

In her book, *Mindset*, psychologist Carol Dweck explores what she calls the fixed mindset vs. the growth mindset. If, somewhere in your past, you've gotten the message that being smart is a fixed trait, you'll struggle to protect that trait. When a bad grade or other challenge comes along, a little inner voice will tell you you're not really smart after all. That's not a good place to be.

But if you're lucky enough to have a growth mindset (and even if you don't have it, you can develop it), then you'll see a bad grade or other mistake as a chance to identify your strengths and weaknesses so that you can develop the strengths and find new ways to address the weaknesses. You'll know that effort is what counts,



and you'll find meaningful ways to engage with the challenges.

Don't let a fixed mindset trick you into avoiding academic challenges. A TLC study skills tutor can help you understand your mistakes and setbacks. Together you can develop study strategies that work for you.

(You can also hear Carol Dweck talk about these ideas in a 10-minute TED talk, "The power of believing that you can improve." found at [https://www.ted.com/talks/carol_dweck_the_power_of_believing_that_you_can_improve])

Coffee & Conversation

**Practice Spanish,
French, German, and
English**

**Fridays 9 a.m. - 3:00 p.m.
ICW 211**



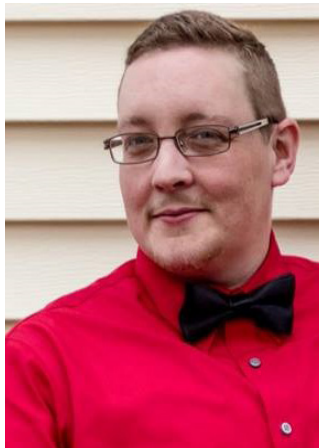
Puzzles and Brain Teasers

By Ren Adams, TLC Secretary

Here is a brain teaser aimed to stimulate the connections or associations between words in your parietal lobe. You will see pairs of words, and your goal is to find a third word that is connected or associated with both of these two words.

For example, the first pair is PIANO and LOCK. The answer is KEY. The word key is connected with both the word piano and the word lock; there are KEYS on a piano and you use a KEY to lock doors. Key is what is called a homograph: a word that has more than one meaning but is always spelled the same.

1. LOCK — PIANO
2. SHIP — CARD
3. TREE — CAR
4. SCHOOL — EYE
5. PILLOW — COURT
6. RIVER — MONEY
7. BED — PAPER
8. ARMY — WATER
9. TENNIS — NOISE
10. EGYPTIAN — MOTHER
11. SMOKER — PLUMBER



Fill in grids so that each column, row, and diagonal add up to the given sum.

Answers on page 8.
No peeking!

The sum is 34.			
			1
	11		14
3	10		
	5	9	4

The sum is 102.			
48			
	30	33	24
			36
	45	42	3

The sum is 136.			
		48	4
8			56
	40		
	20	36	16

The sum is 102.			
	42		
36	21	18	
24	33		
39			48

A blind beggar had a brother who died. What relation was the blind beggar to the brother who died?
"Brother" is not the answer.



Tutoring in the Science Suite

By Snow Popis, TLC Part-time Supervisor

Has the Tutoring Center moved?

NO! We have just expanded our daytime tutoring for science courses into the same building the classes are taught, in NKM 235.

Is tutoring still free?

YES! We offer FREE tutoring for A&P, Chemistry, Biology, and Physics in NKM 235 on weekdays. After 5 p.m. and on Saturday, science tutoring is still available in the *Speckman* Tutoring & Learning Center in ICE 212. Science tutoring is offered at select times. See weekly hours online at otc.edu/tutoring.

How do I get tutoring assistance?

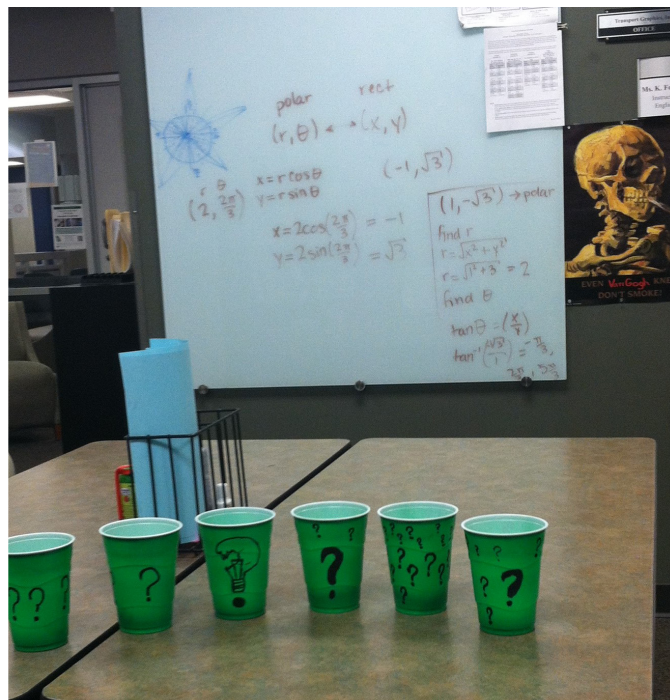
We invite students to come in and study or to get tutoring help. Just walk in and log in on the computer with the red arrow sign, then log out when you leave. Grab a tutoring question cup, and a tutor will be by to answer your question(s) and help you build concept understanding for your class.

What if I don't need tutoring and would like to use the resources?

Please log in and help yourselves to the class materials: study guides for all classes, geology rocks, anatomy models, chemistry model kits, whiteboards for student use, and computers. All materials need to stay in the area and are available from 7:30 a.m. to 8 p.m. Monday - Friday.



TLC's science tutoring area is located in NKM 235.



Gorgonzola Spinach Artichoke Dip

Brought to you by Shelby Gannott, TLC Assistant Director

Ingredients:

2 (10 oz.) boxes chopped frozen spinach
1 box frozen artichoke hearts
3 Tbsp. butter
4 cloves garlic, chopped
3 Tbsp. all-purpose flour
1 c. chicken stock
1 c. milk
Salt and freshly ground black pepper
Pinch ground nutmeg, or to taste
1 c. Gorgonzola crumbles
1 ½ c. shredded Asiago or Parmigiano-Reggiano cheese
Sesame bread sticks, celery hearts (trimmed), and/or pita crisps for dipping



Directions:

Preheat oven to 400 degrees F.
Defrost spinach 10 minutes on defrost setting in microwave, then drain well by wringing out in dish towel.
Defrost artichokes, as well, 6 minutes on defrost in microwave, then wring out and finely chop.
Heat butter in a sauce pot over medium to medium-high heat. Add garlic to melted butter and stir 1 to 2 minutes, then sprinkle in flour and combine 1 minute more. Whisk in stock and milk and season with salt, pepper, and nutmeg. Thicken 2 minutes, then remove from heat and melt in Gorgonzola. Stir in spinach and artichokes and half the shredded cheese, then transfer to a small casserole dish and top with remaining cheese. Brown and bubble in the oven for 10 to 12 minutes. Serve with bread sticks, celery hearts and pita crisps for dipping.

Recipe courtesy of Rachael Ray, 2008

Sparkling Punch

Brought to you by Shelby Gannott, TLC Assistant Director

Ingredients:

3 c. water
1 can (6 oz.) frozen orange juice concentrate, thawed
¾ c. thawed lemonade concentrate
2 c. cranberry juice cocktail
½ c. sugar
1 ½ liters lemon-lime soda, chilled

Directions:

In a large bowl, combine the first five ingredients; mix until sugar is dissolved. Chill for 1-2 hours. Just before serving, stir in soda. Yield: 24 servings (3 quarts).

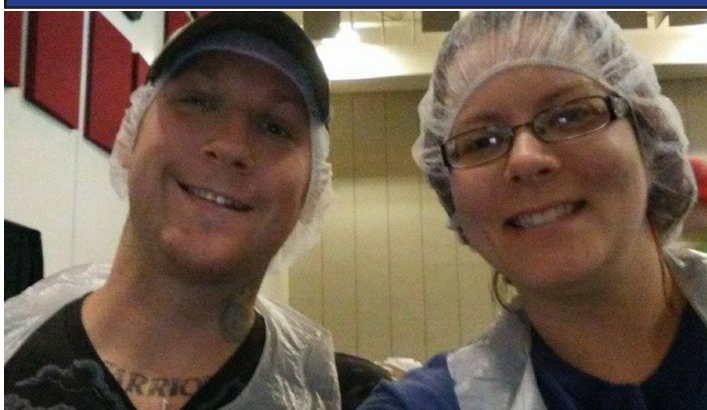


Adopt-A-Family

In December, the TLC collected and delivered gifts and items to a local family of five. The mom wrote, "To all those that helped our family, we cannot tell you how thankful & grateful we are this Christmas. Our children had the biggest smiles opening their gifts. Every single thing was loved and appreciated so much. Your kindness and generosity was above and beyond. Thank you and have a wonderful new year!"



Meals-A-Million



Members of the TLC crew met to participate in the Meals-A-Million Pack-a-Thon hosted by Friends Against Hunger in October, 2016. The non-profit organization focuses on feeding the hungry in the United States and worldwide. Recognize anyone?

The TLC is located in the Information Commons East, Room 212

OTC Springfield Campus

Fall and Spring Hours:

Monday-Thursday 7:30 a.m. - 9 p.m., Friday 7:30 a.m. - 3:30 p.m., Saturday 10 a.m. - 2 p.m.

tlc@otc.edu (417) 447-8164

Answers to Puzzles and Brain Teasers (pg. 5)

SOLUTIONS:

1. LOCK – PIANO > *Key*;
2. SHIP — CARD > *Deck*
3. TREE — CAR > *Trunk*
4. SCHOOL – EYE > *Pupil* (Exam and Private also possible)

5. PILLOW – COURT > *Case*
6. RIVER — MONEY > *Bank*
(Flow is also possible)
7. BED — PAPER > *Sheet* (Covers also possible)
8. ARMY — WATER > *Tank*

9. TENNIS — NOISE > *Racket*
10. EGYPTIAN — MOTHER > *Mummy*
11. SMOKER — PLUMBER > *Pipe*



Answer:
The blind beggar was the sister of her brother who died.

The sum is 34.				
13	8	12	1	
2	11	7	14	
3	10	6	15	
16	5	9	4	

The sum is 102.				
48	9	6	39	
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The sum is 102.				
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36	21	18	27	
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The sum is 136.				
52	32	48	4	
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