OZARKS TECHNICAL COMMUNITY COLLEGE
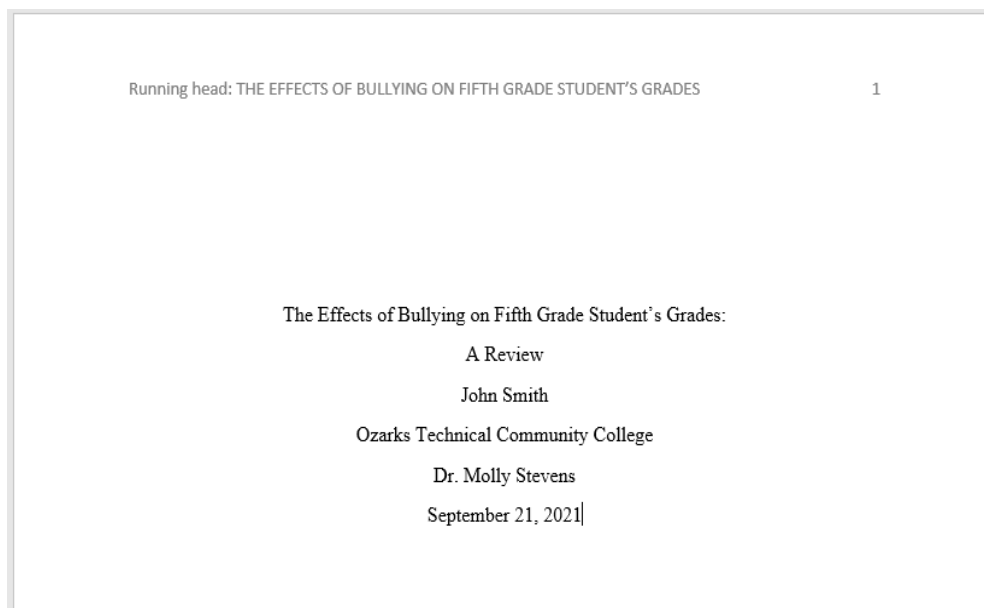*The Hamra Library*

What is APA Style?

APA Style is the formatting style of the *American Psychological Association*. This type of format is generally used in the social science fields. This guide is based on APA's 7th Edition manual.

What is the format of APA Style?

- APA Style papers include a **title page**, **running head**, **reference** page, and sometimes an abstract. APA Style is double spaced, 12pt Times New Roman font, with 1"margins.

What is a title page?

- Unlike MLA, APA papers require a **title page**. Like the title page in a book, this lists the information about you, and who you're writing for, centered in the paper: **Title, Author, University, Instructor, and Due Date**. It also *may* include a **running head** along with the **page number** at the top (ask your instructor whether they require a running head or not).

Running head: THE EFFECTS OF BULLYING ON FIFTH GRADE STUDENT'S GRADES   1

The Effects of Bullying on Fifth Grade Student's Grades:

A Review

John Smith

Ozarks Technical Community College

Dr. Molly Stevens

September 21, 2021

What is a running head?

- According to APA 7th edition, student papers no longer require a running head. However, your instructor may wish for you to have practice in the professional style. Be sure to ask.
- The **running head** goes in the **header** of the title page, and every page after that has the **running head** *and* the **page number at the top** *right* of the page and **the running head at**

Need some help with APA?
Go to otc.edu/library or
Email us libraryref@otc.edu

Or contact the **OTC Writing Center** @
writingcenter@otc.edu
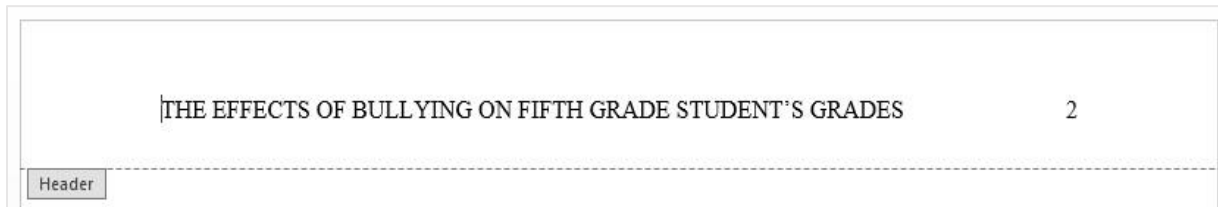http://academics.otc.edu/writingcenter/

What is APA Style?

the top *left* of the page. If your instructor does not wish you to use a running head, the page number is all you'll need in the top left corner.

- A **running head** is the title of your paper, carried over to each page. The running head is in **all caps**, and should contain **no more than 50 characters** including spaces and punctuation. The header on **your title page/first page** should have **"Running head"** before the title. After the title page(s), **the header should have** *just* **the title and page number**.
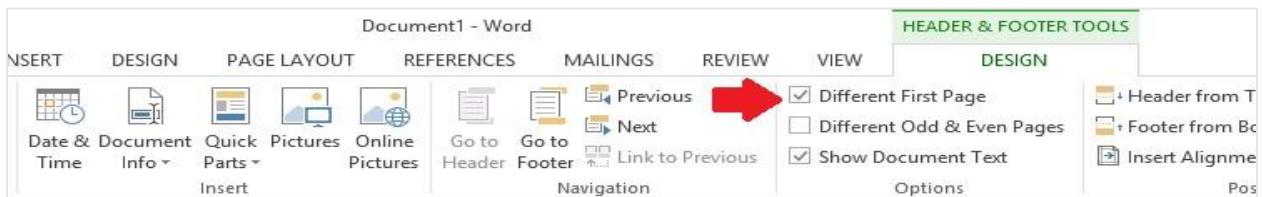
Title Page/Page 1:

> Running head: THE EFFECTS OF BULLYING ON FIFTH GRADE STUDENT'S GRADES
>
> Header

Page 2 onwards:

> THE EFFECTS OF BULLYING ON FIFTH GRADE STUDENT'S GRADES   2
>
> Header

- The running head on the first page is different from the rest of the paper. **To set this up in Microsoft Word, you can to double-click on the Header of your paper, select the Design tab, and check the box marked Different First Page.** Then you can edit the header of your first page separate from the rest of the paper.

<u>Do I title my source page "Works Cited", "References" or "Bibliography"?</u>

- **References**. For more info, check out our **APA Citation Guide**.

Need some help with APA?
Go to otc.edu/library or
Email us libraryref@otc.edu

Or contact the **OTC Writing Center** @
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